

Copper may interact with selenite extracellularly in cultured HT-29 cells

Huawei Zeng*, James H. Botnen

United States Department of Agriculture, Agricultural Research Service, Grand Forks Human Nutrition Research Center, P.O. Box 9034, Grand Forks, ND 58202-9034

Received 3 June 2003; received in revised form 24 October 2003; accepted 3 November 2003

Abstract

Previous studies have demonstrated that copper (15.7 $\mu\text{mol/L}$) can inhibit selenite (12.6 $\mu\text{mol/L}$)–induced cytotoxicity and apoptosis in HT-29 cells. However, the exact nature of the interactions between selenium and copper is not fully understood. In this study, the effect of copper on the cell cycle arrest induced by selenite or selenocystine was examined. Both selenite and selenocystine were effective in inhibition of cell growth and cell cycle progression. Cell cycle analysis revealed that selenite (3–5 $\mu\text{mol/L}$) caused a decrease in G1 phase cells that corresponded with an increase in S and G2 phase cells, and that 0.625 or 1.25 $\mu\text{mol/L}$ copper sufficiently inhibited selenite-induced cell cycle arrest. In contrast, selenocystine caused an increase in G1 phase cells that corresponded with a decrease in S and G2 phase cells. Interestingly, 0.625 or 1.25 $\mu\text{mol/L}$ copper did not inhibit selenocystine-induced cell cycle arrest. In addition, cell free gel shift assay demonstrated that selenite suppressed the inhibitory effect of copper on SP-1 DNA binding. Furthermore, although 5 $\mu\text{mol/L}$ selenite in culture media significantly increased the intracellular selenium content, 1.25 $\mu\text{mol/L}$ copper sulfate blocked this increase of the intracellular selenium content. Collectively, these data demonstrate that selenite and selenocystine cause cell cycle arrest via distinct mechanisms, and suggest that copper may interact with selenite extracellularly, which represents the basis of antagonism between copper sulfate and selenite. Published by Elsevier Inc. All rights reserved.

Keywords: Copper; Selenium; Cell cycle; Colon cell

1. Introduction

Selenium (Se) is an essential trace element for humans and many other forms of life [1]. Se is known to have anticancer effects that have been demonstrated in cultured cells [2,3], laboratory animals, and human studies [4,5]. Se can either stimulate or inhibit cell growth, depending on the concentration and chemical form of Se [6]. At concentrations higher than nutritional requirements, Se has anticancer effects. These effects may be mediated through changes in

the proliferation of certain cells (such as promotion of immune cells), cell cycle, apoptosis, and/or toxic effects on cancer cells [6,7]. Over the years, numerous elements such as As, Cu, Zn, Cd, Hg, Sn, Pb, Ni, Co, Sb, Bi, Ag, Au, and Mo have been found to inhibit anticancer effects of selenium [8].

Copper (Cu), an essential trace element for humans, is also known to have anticancer effects in laboratory animals [9]. It is well known that copper sulfate is distributed widely in drinking water, soil, food, or the environment [10]. Antagonism between Cu and Se has been documented in animal studies [11], and an understanding of which is directly related to nutrition and cancer prevention. Recently, it has been reported that Cu as CuSO_4 protects human colonic cancer cells (HT-29) against selenite induced cytotoxicity and apoptosis and acts as an antioxidant [12]. Several hypotheses were proposed to explain the above observations [12], but further studies are needed to determine the mechanisms. The present study was conducted to test the hypothesis that Cu blocks selenite-induced cell cycle arrest through an extracellular mechanism.

The U.S. Department of Agriculture, Agricultural Research Service, Northern Plains Area, is an equal opportunity/affirmative action employer and all agency services are available without discrimination.

Mention of a trademark or proprietary product does not constitute a guarantee or warranty of the product by the U.S. Department of Agriculture and does not imply its approval to the exclusion of other products that may also be suitable.

* Corresponding Author: Huawei Zeng, Ph.D. Tel.: 701-795-8465; Fax: 701-795-8220.

E-mail address: hzeng@gfhnrc.ars.usda.gov (H. Zeng).

The control of cell cycle progression plays a key role in terminal differentiation, growth, development, and tumorigenesis [13,14]. In general, cell cycle arrest occurs before or coexists in the event of cytotoxicity and apoptosis, and therefore the detection of cell cycle progression is a very sensitive measurement [13,14]. Se and Cu in human blood have been reported to be up to 2–5 $\mu\text{mol/L}$ and 11–22 $\mu\text{mol/L}$, respectively [15,16]. In the present study, the effect of interactions between Se compounds (3–5 $\mu\text{mol/L}$) and Cu (0.625–1.25 $\mu\text{mol/L}$) on cell cycle progression was examined. These concentrations of Se compounds and Cu are much lower than that of a previous report [12] in HT-29 cells. Our data provide a mechanistic basis for considering specific interaction between Cu and Se at concentrations that may be influenced by human nutrition and dietary supplementation.

2. Methods and materials

2.1. Chemicals

Na_2SeO_3 , dithiothreitol, selenocystine, and propidium iodide were purchased from Sigma Chemical Co. (St. Louis, MO). Adenosine 5'-triphosphate ($\gamma\text{-}^{32}\text{P}$) was purchased from Amersham Pharmacia Biotech (Piscataway, NJ). Oligonucleotides were synthesized by Gibco BRL (Rockville, MD).

2.2. Cell culture and cell growth

HT-29 cells were maintained in DMEM media (GIBCO-BRL, Grand Island, NY) with 10% FBS in a humidified atmosphere 95% air/5% CO_2 at 37°C, and cell passage was between 133 to 150. Cells were seeded at 400,000 to 600,000 cells/mL into the well of a 6-well plate. After 24 hours or 48 hours, CuSO_4 , selenite, selenocystine, or an equal volume of phosphate-buffered saline (PBS) was added to culture media to examine the effect on cell cycle/growth. Cells were counted by a hemocytometer. Cells that excluded trypan blue after incubation with an equal volume of PBS containing 0.4% trypan blue dye were considered viable.

2.3. Cell cycle analysis

Cell cycle was analyzed using flow cytometry with propidium iodide (PI) staining. HT-29 cells were trypsinized and washed once with PBS and incubated in 70% (v/v) ethanol at -20°C . After the incubation, cells were washed with PBS, and stained with 50 mg PI/L with 6000 U RNase A/L. The DNA contents of cells were determined by flow cytometry. Data were stored as list mode files of at least 10,000 single cell events and analyzed by EPICS profile II and ModFit LT software (Coulter Corp., Miami, FL, and Topsham, ME).

2.4. Nuclear protein extraction

HT-29 cells were trypsinized and washed twice with ice-cold PBS and subjected to centrifugation. Briefly, the cells were lysed for 15 minutes on ice in extraction buffer A (100 $\mu\text{L}/10^6$ cells) (20 mmol/L HEPES, pH 7.6, 20% glycerol, 10 mmol/L NaCl, 1.5 mmol/L MgCl_2 , 0.2 mmol/L EDTA, 1 mmol/L dithiothreitol [DTT], and 0.1% Nonidet P-40-containing protease inhibitor cocktail [1:100 dilution] [Sigma, St. Louis, MO]). The nuclei were collected by centrifugation at $300 \times g$ for 4 minutes, lysed for 30 minutes on ice in extraction buffer B (the same as buffer A but with 0.5 mol/L NaCl instead of 10 mmol/L NaCl), and then centrifuged for 15 minutes at $15,000 \times g$ and 4°C . The supernatant was designated the nuclear fraction and kept at -80°C . Protein concentrations were determined by the Bio-Rad Protein Assay (Bio-Rad Laboratories, Hercules, CA).

2.5. Electrophoretic gel mobility shift assay

The double-stranded SP-1 consensus binding sequence was annealed into double-strand oligonucleotides, respectively, and ^{32}P end-labeled. Gel shift experiments and nuclear protein preparation were performed as described previously [7]. Briefly, nuclear protein was incubated with 25,000 cpm of the above ^{32}P -end-labeled double strand oligonucleotides, individually (1–5 fmol) in a total volume of 40 μL for 30 minutes on ice and then 10 minutes at room temperature with sheared, nondenatured salmon sperm DNA (0.5 μg) as a nonspecific competitor. After electrophoresis in a 5% nondenaturing polyacrylamide gel, the dried gels were exposed to a phosphorimaging screen (Molecular Dynamics Image-Quant System, Sunnyvale, CA) for 16 hours at room temperature and gel images were visualized by the Molecular Dynamics Software (Sunnyvale, CA).

2.6. Selenium and copper analyses

First, HT-29 cells were washed with Se-free PBS. Second, these cells were then dissolved in 2.0 mL of 0.2 mol/L NaOH and 0.2% SDS, and protein was measured using the bicinchoninic acid [17]. Cellular Se and serum Se were determined by hydride-generation atomic absorption spectrometry [18]. Samples were prepared for analysis by predigestion in nitric acid and hydrogen peroxide, followed by high-temperature ashing in the presence of $\text{Mg}(\text{NO}_3)_2$ as an aid to prevent Se volatilization. Serum Cu was determined by inductively coupled argon plasma atomic emission spectrometry after digesting samples with nitric acid and hydrogen peroxide.

2.7. Statistical analysis

Results are given as means \pm SEM. The effects of Cu and selenite on SP-1 DNA binding were tested by using a

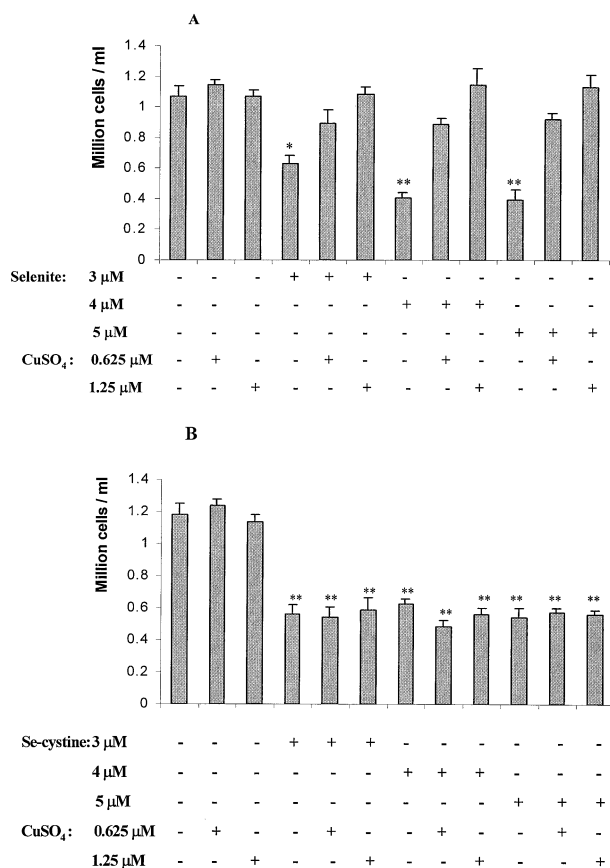


Fig. 1. Effect of interaction between copper and selenium on HT-29 cell growth. (A) Effect of Cu on HT-29 cell growth in the presence of selenite at concentrations indicated for 48 hours. (B) Effect of Cu on HT-29 cell growth in the presence of selenocystine at concentrations indicated for 48 hours. Viable cells were determined as described in the material and methods section. $n = 5$. * $P < 0.05$ and ** $P < 0.0001$ as compared with the control group.

one-way analyses of variance (ANOVA) followed by Dunnett's multiple comparisons to the control group. Statistical analyses for all other variables were performed by two-way ANOVA followed by Dunnett's multiple comparisons to the control group. Differences with a P value < 0.05 were considered significant.

3. Results

3.1. Effect of Cu and selenite/selenocystine on cell growth and cell cycle progression in HT-29 cells

To determine the effect of interaction between Cu and selenite/selenocystine on cell growth, HT-29 cells were treated with different concentrations of Cu (0.625, 1.25 μ mol/L) and/or selenite/selenocystine (3, 4, and 5 μ mol/L) for 48 hours. The presence of Cu (0.625, 1.25 μ mol/L) did not affect cell growth. However, there was a decrease in cell growth of HT-29 cells treated with sodium selenite or selenocystine in the absence of Cu (Figs. 1A, 1B). More importantly, Cu suppressed the inhibitory effect of selenite on cell growth when co-incubated with Cu (0.625 or 1.25 μ mol/L) and selenite (3, 4, and 5 μ mol/L) (Fig. 1A). In contrast, Cu did not suppresses the inhibitory effect of selenocystine on cell growth when co-incubated with Cu (0.625 or 1.25 μ mol/L) plus selenocystine (3, 4, and 5 μ mol/L) (Fig. 1B).

The effect of interaction between Cu and selenite on cell growth was further demonstrated by cell cycle analysis. The G1, S, and G2 phase-distribution of HT-29 cells after 24 hours of treatment with different concentrations of Cu, selenite, selenocystine, or the combination of Cu and selenite/selenocystine were compared with that of control cells. G1 phase cell distribution decreased but S + G2 phase cell distribution increased in selenite-treated cells (Table 1). In contrast, G1 phase cell distribution increased but S + G2 phase cell distribution decreased in selenocystine-treated cells (Table 2). Cu (0.625 or 1.25 μ mol/L) did not affect on cell cycle progression. Interestingly, copper treatment suppressed selenite-induced cell cycle arrest but not selenocystine-induced cell cycle arrest (Tables 1 and 2).

3.2. Effect of selenite, Cu, and their interaction on a gel shift assay

To determine the interaction of selenite and Cu in a cell-free system, the effects of selenite, Cu, and a combination of the two were determined on SP-1 DNA binding

Table 1
Comparison of cell cycle phase-distributions of HT-29 cells treated with Cu and/or sodium selenite (Na₂SeO₃) for 24 h

Na ₂ SeO ₃ , μ mmol/L	0	0	0	3	Phase-specific cells/total detected cells, %							
					3	3	4	4	4	5	5	5
CuSO ₄ , μ mmol/L	0	0.625	1.25	0	0.625	1.25	0	0.625	1.25	0	0.625	1.25
Mean \pm SEM												
G1 phase	49 \pm 1.6	48 \pm 0.9	48 \pm 0.6	40 \pm 4.7*	46 \pm 1.7	47 \pm 0.9	29 \pm 2.7*	46 \pm 2.6	47 \pm 1.7	27 \pm 1.7*	42 \pm 3.2	47 \pm 1.8
S phase	35 \pm 2.4	32 \pm 2.9	36 \pm 2.1	35 \pm 2.3	35 \pm 1.5	35 \pm 1.9	41 \pm 2.9	35 \pm 2.4	36 \pm 2.1	43 \pm 3.6	34 \pm 3.8	36 \pm 1.2
G2 phase	16 \pm 1.3	20 \pm 2.9	16 \pm 2.6	25 \pm 2.8	19 \pm 0.8	19 \pm 1.5	30 \pm 3.2*	19 \pm 0.9	18 \pm 1.6	30 \pm 3.2*	24 \pm 2.4	17 \pm 1.7
S + G2 phase	51 \pm 1.6	52 \pm 0.9	52 \pm 0.6	60 \pm 4.7*	54 \pm 1.7	53 \pm 0.9	71 \pm 2.7*	54 \pm 2.6	53 \pm 1.7	73 \pm 1.7*	58 \pm 3.2	53 \pm 1.8

Values are means \pm SEM, $n = 5$, unless otherwise indicated.

* $P < 0.01$ indicates significant differences between control and cells treated with sodium selenite.

Table 2

Comparison of cell cycle phase distributions of HT-29 cells treated with Cu and/or selenocystine (SeCys) for 24 h

					Phase-specific cells/total detected cells, %								
SeCys, $\mu\text{mmol/L}$	0	0	0	3	3	3	4	4	4	5	5	5	
CuSO ₄ , $\mu\text{mmol/L}$	0	0.625	1.25	0	0.625	1.25	0	0.625	1.25	0	0.625	1.25	
Mean \pm SEM													
G1 phase	48 \pm 1.6	48 \pm 1.2	48 \pm 1.1	65 \pm 1.7*	62 \pm 1.5*	61 \pm 1.4*	64 \pm 0.7*	65 \pm 1.5*	65 \pm 0.8*	66 \pm 1.3*	63 \pm 0.5*	65 \pm 1.1*	
S phase	34 \pm 1.1	35 \pm 2.5	35 \pm 2.8	20 \pm 3.0*	19 \pm 1.9*	22 \pm 2.4*	16 \pm 1.5*	18 \pm 2.2*	19 \pm 1.9*	15 \pm 1.5*	14 \pm 1.8*	15 \pm 2.8*	
G2 phase	19 \pm 1.3	17 \pm 1.8	18 \pm 2.2	15 \pm 1.5	19 \pm 0.4	18 \pm 1.4	20 \pm 2.0	17 \pm 1.9	16 \pm 1.2	19 \pm 2.2	22 \pm 2.1	19 \pm 3.9	
S + G2 phase	52 \pm 1.6	52 \pm 1.2	52 \pm 1.1	35 \pm 1.7*	38 \pm 1.4*	39 \pm 1.7*	36 \pm 0.7*	35 \pm 1.5*	35 \pm 0.8*	34 \pm 1.2*	37 \pm 0.5*	35 \pm 1.1*	

Values are means \pm SEM, $n = 4$, unless otherwise indicated.* $P < 0.01$ indicates significant differences between control and cells treated with Se-cystine.

activity. Although selenite (2.5 or 25 $\mu\text{mol/L}$) or Cu (1.25 or 12.5 $\mu\text{mol/L}$) decreased SP-1 DNA binding, the combination (2.5 $\mu\text{mol/L}$ selenite + 1.25 $\mu\text{mol/L}$ Cu or 25 $\mu\text{mol/L}$ selenite + 12.5 $\mu\text{mol/L}$ Cu) had much lesser inhibitory effects on SP-1 DNA binding activity when compared with that of Cu alone (Fig. 2).

3.3. Intracellular Se content analysis

Se content was significantly increased when cells were exposed to 5 $\mu\text{mol/L}$ selenite for 24 hours. Interestingly, the increase of Se content was much less when cells were exposed to 5 $\mu\text{mol/L}$ selenite plus 1.25 $\mu\text{mol/L}$ Cu simultaneously in culture media (Fig. 3).

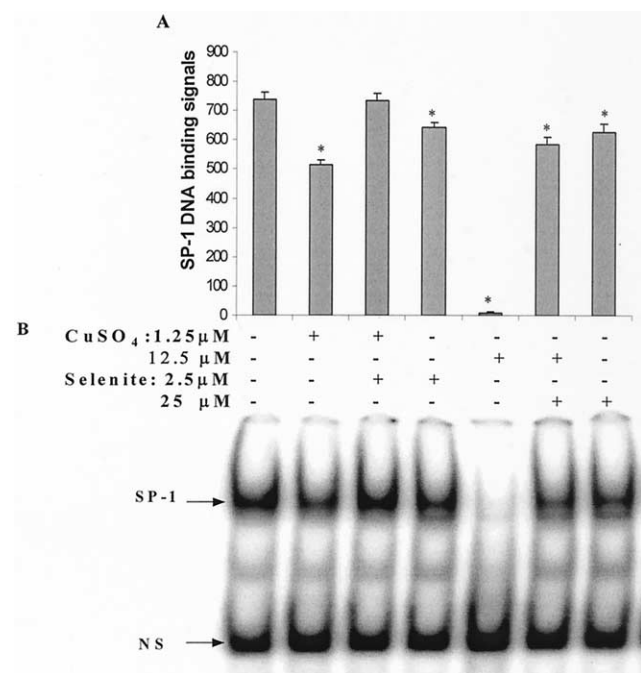


Fig. 2. Effect of interaction between Cu and Selenite at concentrations indicated on SP-DNA binding. (A) SP-1 DNA binding signals were quantified by the Molecular Dynamics Image-Quant system. NS = nonspecific DNA binding. $n = 6$. * $P < 0.01$ as compared with the control group. (B) Representative SP-1 gel shift assay showed specific SP-1 DNA binding signals.

4. Discussion

It is well documented that the biological activity of Se is dependent on its chemical form and not on the element per se [19]. Although selenocystine is an important chemical form of Se in nutritional and pharmacological studies, little is known about its role in cell growth [20,21]. In agreement with previous reports [19,22], the present study demonstrated that selenite or selenocystine (3, 4, and 5 μM) inhibited HT-29 cell growth and that selenite caused S-G2/M cell cycle arrest. In contrast, our data demonstrated for the first time that selenocystine caused G1 cell cycle arrest in HT-29 cells. These findings further strengthen the previous observation that inorganic and organic Se compounds inhibit cell growth through distinctly different modes [19,22].

In view of the observations that both Se and Cu have anticancer activities and that human diets routinely contain a combination of diverse mineral elements [6–12], the effects of Cu (0.625, 1.25 $\mu\text{mol/L}$) on selenite or selenocystine (3, 4, and 5 $\mu\text{mol/L}$) in cell cycle progression were examined. Results indicated that Cu strongly suppressed

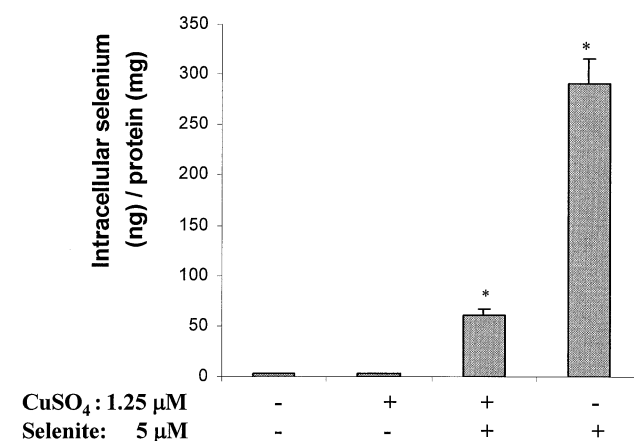


Fig. 3. Effect of 1.25 $\mu\text{mol/L}$ Cu on the intracellular selenium (ng)/protein (mg) in the presence of 5 $\mu\text{mol/L}$ selenite in the culture media for 24 hours. $n = 6$. * $P < 0.05$ as compared with the control group, and also indicated the difference between with and without 1.25 $\mu\text{mol/L}$ Cu in the presence of 5 $\mu\text{mol/L}$ selenite.

selenite-induced cell cycle arrest. However, under the same exact conditions, Cu did not affect selenocystine-induced cell cycle arrest. Similarly, Cu strongly suppressed selenite-induced cell growth arrest but not selenocystine-induced cell growth arrest. The above observation is not likely dependent on copper-salt forms because DMEM media contain endogenous SO_4^{2-} (800 $\mu\text{mol/L}$), which is about 800-fold higher than the additional SO_4^{2-} from copper sulfate (0.625, 1.25 $\mu\text{mol/L}$) in these experiments.

Se and Cu concentrations in fetal bovine serum (FBS) were considerably lower than that was reported in human blood [15,16]. According to our analysis of Se and Cu contents in FBS, Se and Cu in DMEM media with 10% FBS were 0.018–0.025 $\mu\text{mol/L}$ and 0.22–0.24 $\mu\text{mol/L}$, respectively. It is well known that most of blood Se and Cu are covalently coupled with proteins such as Se and Cu dependent enzymes, and only a small fraction of Se and Cu is in ionic form. Because Se and Cu salts are in ionic forms in culture media, it is necessary to use the lowest concentrations of Se and Cu to study their interaction. The data may help to explain Se and Cu interaction when high doses are consumed in gastrointestinal tract because HT-29 cells are colon cancer cells. Previous studies have demonstrated that selenite can be more active than selenocystine in the generation of superoxide and in the reduction of cytochrome c by glutathione, and Cu (II) has been shown specifically to inhibit the selenite-catalyzed generation of superoxide [23,24]. The present finding is therefore consistent with the previous observation, suggesting that Cu may interact with inorganic but not organic form of Se.

The complexing of Se with Hg, Cu and Cd has been suggested as a mechanism for reversal of Se toxicity in animals [11,25]. The earlier report demonstrated that the pretreatment with copper did not have protective effect on selenite-induced cytotoxicity [12]. An attractive hypothesis regarding the interaction between Cu and selenite is that they interact extracellularly [12,24]. However, such an interaction at the cellular level remains to be demonstrated.

The regulation of gene expression is an essential feature in maintenance of normal cellular function. The binding of transcription factors to their *cis*-DNA elements is a critical step in the gene transcription process. SP-1 transcription factor bound to GC-rich elements is ubiquitously expressed in mammalian tissue and is essential for the constitutive expression of many housekeeping genes [26]. The observation that SP-1 DNA binding activity is inhibited much less by the combination of selenite plus Cu than by Cu or selenite alone suggests that the direct interaction could take place in the extracellular biological buffer environment. Furthermore, Cu (1.25 $\mu\text{mol/L}$) in culture media significantly reduced intracellular Se content when cells were exposed to 5 $\mu\text{mol/L}$ selenite. These findings provide direct evidence that Cu (II) can interact with selenite extracellularly and block selenite from getting through the cell membrane. It is likely that one copper ion may interact with multiple selenite molecules. However, the stoichiometry of

the Cu-selenite complexing and whether that complexing occurs at even lower concentrations remain to be determined, and such information is needed for human nutrition and mineral supplementation design.

Taken together, our results demonstrate that selenite and selenocystine can cause cell cycle arrest via different mechanisms, and show that Cu may interact directly with selenite extracellularly with high specific affinity.

Acknowledgments

We are grateful to Drs. Eric Uthus and Jun Ren for critical review of the manuscript, and to Drs. Gerald Combs, Janet Hunt, and Curtiss Hunt for helpful discussion and support with flow cytometry measurements. The technical support given by Mary Briske-Anderson, Brenda Skinner, Joseph Idso, and LuAnn Johnson is greatly appreciated.

References

- [1] Stadtman TC. Selenocysteine. *Annu Rev Biochem* 1996;65:83–100.
- [2] Thompson HJ, Wilson A, Lu J, Singh M, Jiang C, Upadhyaya P, el-Bayoumy K, Ip C. Comparison of the effects of an organic and an inorganic form of selenium on a mammary carcinoma cell line. *Carcinogenesis* 1994;15:183–6.
- [3] Spyrou G, Bjornstedt M, Skog S, Holmgren A. Selenite and selenate inhibit human lymphocyte growth via different mechanisms. *Cancer Res* 1996;56:4407–12.
- [4] Poirier KA, Milner JA. Factors influencing the antitumorigenic properties of selenium in mice. *J Nutr* 1983;113:2147–54.
- [5] Clark LC, Combs GF Jr, Turnbull BW, Slate EH, Chalker DK, Chow J, Davis LS, Glover RA, Graham GF, Gross EG, Krongrad A, Leshner JL Jr, Park HK, Sanders BB Jr, Smith CL, Taylor JR. Effects of selenium supplementation for cancer prevention in patients with carcinoma of the skin. A randomized controlled trial. Nutritional Prevention of Cancer Study Group. *J Am Med Assoc* 1996;276:1957–63.
- [6] Ip C, Thompson HJ, Ganther HE. Selenium modulation of cell proliferation and cell cycle biomarkers in normal and premalignant cells of the rat mammary gland. *Cancer Epidemiol Biomarkers Prev* 2000; 9:49–54.
- [7] Zeng H. Arsenic suppresses necrosis induced by selenite in human leukemia HL-60 cells. *Biol Trace Elem Res* 2001;83:1–15.
- [8] Schrauzer GN. Selenium. Mechanistic aspects of anticarcinogenic action. *Biol Trace Elem Res* 1992;33:51–62.
- [9] Davis CD, Newman S. Inadequate dietary copper increases tumorigenesis in the Min mouse. *Cancer Lett* 2000;159:57–62.
- [10] Hebert CD, Elwell MR, Travlos GS, Fitz CJ, Bucher JR. Subchronic toxicity of cupric sulfate administered in drinking water and feed to rats and mice. *Fundam Appl Toxicol* 1993;21:461–75.
- [11] Hill CH. Reversal of selenium toxicity in chicks by mercury, copper, and cadmium. *J Nutr* 1974;104:593–8.
- [12] Davis RL, Spallholz JE, Pence BC. Inhibition of selenite-induced cytotoxicity and apoptosis in human colonic carcinoma (HT-29) cells by copper. *Nutr Cancer* 1998;32:181–9.
- [13] Pines J. The cell cycle kinases. *Semin Cancer Biol* 1994;5:305–13.
- [14] Blagosklonny MV, Pardee AB. Exploiting cancer cell cycling for selective protection of normal cells. *Cancer Res* 2001;61:4301–5.
- [15] Diplock AT. Indexes of selenium status in human populations. *Am J Clin Nutr* 1993;57(suppl):256S–8S.

- [16] Young DS. Implementation of SI units for clinical laboratory data. *Am J Clin Nutr* 1989;49:190–205.
- [17] Smith PK, Krohn RI, Hermanson GT, Mallia AK, Gartner FH, Provenzan MD, Fujimoto EK, Goeke NM, Klenk DC. Measurement of protein using bicinchoninic acid. *Anal Biochem* 1985;150:76–85.
- [18] Finley J, Matthys L, Schuler T, Korynta E. Selenium content of foods purchased in North Dakota. *Nutr Res* 1996;16:723–8.
- [19] Kaeck M, Lu J, Strange R, Ip C, Ganther HE, Thompson HJ. Differential induction of growth arrest inducible genes by selenium compounds. *Biochem Pharmacol* 1997;53:921–6.
- [20] Zeng H. Selenite and selenomethionine promote HL-60 cell cycle progression. *J Nutr* 2002;132:674–9.
- [21] Shen L, van Dyck K, Luten J, Deelstra H. Diffusibility of selenate, selenite, seleno-methionine, and seleno-cystine during simulated gastrointestinal digestion. *Biol Trace Elem Res* 1997;58:55–63.
- [22] Sinha R, Said TK, Medina D. Organic and inorganic selenium compounds inhibit mouse mammary cell growth in vitro by different cellular pathways. *Cancer Lett* 1996;107:277–84.
- [23] Hu ML, Tappel AL. Selenium as a sulfhydryl redox catalyst and survey of potential selenium-dependent enzymes. *J Inorg Biochem* 1987;30:239–48.
- [24] Davis RL, Spallholz JE. Inhibition of selenite-catalyzed superoxide generation and formation of elemental selenium (Se(o)) by copper, zinc, and aurotricarboxylic acid (ATA). *Biochem Pharmacol* 1996;51:1015–20.
- [25] Berry JP, Dennebouy R, Chaintreau M, Dantin F, Slodzian G, Galle P. Scanning ion microscopy mapping of basement membrane elements and arterioles in the kidney after selenium-silver interaction. *Cell Mol Biol* 1995;41:265–70.
- [26] Zeng H, Davis CD, Finley JW. Effect of selenium-enriched broccoli diet on differential gene expression in Min mouse liver. *J Nutr Biochem* 2003;14:227–31.